

GROUNDED



love ur home

COVID has led us to rediscover what 'home' means to us. We've come to appreciate the impact of design on our lives, especially within our home space. A truly well-designed home should be personal and comfortable.

Basics of designing a home:

1. ease of functionality that mirrors one's lifestyle
 2. aesthetic that reflects personal taste
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At Grounded, we design homes for our clients. We try to encapsulate the intangible joys of fresh air, natural light, good food, love, and laughter into our homes. Our homes are designed to reconnect with nature. It is humbling to know that our work directly contributes to our clients' happiness and well-being.

[Read our blog post on how to love staying at home during this time.](#)

TIPS TO LOVE TIME AT HOME



Tip 1: Bring nature into your home

Tip 2: Institute a winding down ritual

Tip 3: Bust out the fancy!

I live in a gorgeous [100-year old apartment building in Singapore](#). Such colonial buildings in Singapore are called 'Black and Whites'. These heritage structures are gifted with sound architectural bones, they have high ceilings, abundant windows and wrap around balconies. We seldom feel the need for air-conditioning or artificial lighting during the day.

During this crisis, when we are forced to spend all our time at home, there have been many instances when my husband and I have felt and expressed our joy and gratitude for our beautiful home. Through my work, I hope to spread this joy!

Aijal Mangalini



A walkthrough of my home in Singapore. It has since gone through a renovation and I must do a new photoshoot soon!



SITE POSTCARDS

Sharing a few recent photographs from the site at the '[House with Three Pavilions](#)' in Goa. I find them breathtaking with a promise of a very beautiful lifestyle!

[Email us to inquire about upcoming projects and our design services.](#)







IN THE NEWS

A Day With Grounded's Anjali Mangalgi

Julia Gamolina · May 18, 2020



Anjali at her desk. Photography by Carli Teteris

Julia Gamolina of the wonderful [Madame Architect](#) asked me to contribute for their [Days with](#) feature. I wrote about how a typical day in my life unfolds, during this pandemic while having two kids at home.

In writing this, my hope is that this will help other women who are struggling with the question of motherhood versus work. I also hope that this takes away the notion that a strong woman can (and must

be able to) balance everything on her own and ace it as well. I tried to be very transparent in my narrative about my full time helper as well as the help of my in-laws. The entire notion of balance would fall apart if that wasn't the case. Oftentimes, asking for help is seen as being weak, and I hope that this feature can challenge that notion. You can [read my feature here.](#)



Navovado featured in Design Essentia Magazine

#DEimpressions



NAVOVADO;
a sustainable
contemporary
Goan home.

Photographer: Sanjeet Wahi

Architecture: Grounded, Goa

Principal Architect:
Anjali Mangalgi

Project Location:
Goa, India

Project Area: 4750 sq.ft.

Navovado by a Goa based architecture firm - Grounded is designed to be a contemporary Goan home that blends into the village landscape. The front elevation is dominated by a long sweeping tiled roof that mirrors the scale of the neighboring traditional Goan homes.

Beyond the facade, the house is defined by minimal interiors with a focus on integrating the indoors with the outdoors. All rooms and spaces have large openings that connect to the outdoors.

The same flooring flows from the interior to the outdoor, the blue green color of the mirror-finish Kota stone flooring further reflects and integrates the interior with green of the lawn and the garden.

The living spaces are centered around an interior garden courtyard featuring a luxurious swimming pool. Large openings from the living and dining connect to the courtyard. Teak wood furniture and the owner's art collection takes center stage in the minimal modern interiors. A minimalist palette dominates and the focus is on the framed views of the gardens and courtyard.

Note on Sustainability:

Designed as a #Green home, Navovado harvests 50% of its roof rainwater and recharges the water well on site.

The use of low-flow water fixtures further improves water efficiency. Focus on use of insulation on the roof, double-glazed glass, energy use appliances, LED lighting and 100% hot water from solar power makes this home extremely energy efficient.

The structure is constructed using locally manufactured materials and materials with a high recycled content such as laterite stone, metal wood, fly-ash brick and steel cement.

The garden is planted using native local species to reduce water use for irrigation. Finally, large openings allow for maximum daylighting and cross-ventilation, reducing the energy use for lighting and cooling.



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Our project Navovado was published in the June 2020 issue of Design Essentia magazine.

You can [view the entire online issue here.](#)

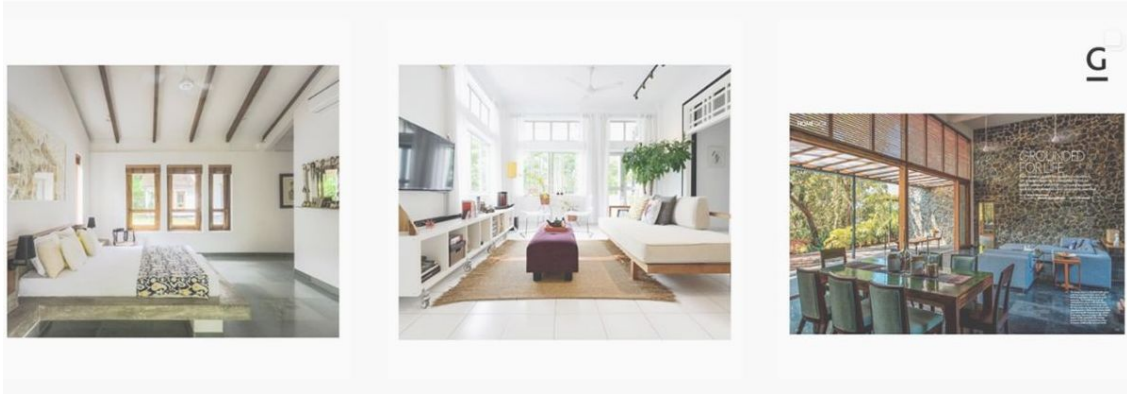


Coming Soon!

I am really excited about two upcoming podcast interviews that I am going to record in the next few weeks. The first is with [Architecture Talk](#), curated by [Vikram Prakash](#), Professor of Architecture at the University of Washington in Seattle, USA. The other is with Priscille H Joseph of Ontario based [La Priscille Design](#).

Stay Tuned for that!

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USE REUSABLE BOTTLES.

USE REUSABLE BAGS.

COMPOST FOOD AND GARDEN WASTE.



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